

DRAFT Minutes
Idaho Health Professions Education Council
October 1, 2012 Meeting

Council Members Present

David Schmitz, Chair
Claudeen Buettner
J. Anthony Fernandez
Jim Girvan
Andrew Turner
William Woodhouse

Council Members Absent

Steven Bruce
John Kee
B. J. Swanson

Welcome

The meeting was called to order by Chair David Schmitz at 9:00 a.m. Chair Schmitz welcomed all in attendance and asked for introductions.

Minutes

Chair Schmitz asked the council to review the draft minutes for the July 23, 2012 meeting. Some additions and corrections were suggested to the minutes. Chair Schmitz accepted a motion by Claudeen Buettner, seconded by Tony Fernandez to accept the minutes as corrected; with no objections, the minutes were approved unanimously.

Chair's Report

Chair Schmitz shared his recent attendance and involvement at the following national conferences that included discussion on the same issues and concerns facing Idaho:

- National Rural Health Association
- Rural Retention Recruitment Network
- Family Medicine Education Consortium
- Commission on Education of American Family Physicians

Discussion followed on the future meeting schedule and annual report preparation. A report drafting sub-committee was appointed consisting of Andrew Turner, Claudeen Buettner, and David Schmitz. The committee will begin drafting the annual report next week with circulation of drafts and edits to follow. October 24th is the draft deadline date with final distribution to the rest of the council members for comments. December 3rd meeting date will be on hold for a possible meeting or phone conference.

Agenda

Nursing Education and Workforce – Lori Stinson

Chair Schmitz introduced Lori Stinson, Chair of Nursing and Health Sciences at Lewis-Clark State College and currently president of the Council of Nurse Education Leaders of Idaho.

Dr. Stinson reported the Idaho Schools of Nursing and nurse educators are doing an excellent job, but there is a concern that increasing enrollments will make clinic

placement challenging especially in rural areas. The building of the infrastructure is good and there is healthy competition between schools.

Dr. Stinson stated that the purpose of the Council of Nurse Education Leaders is collaboration and communication, tracking and coordination of current issues, concern and access for potential and current students, and sharing of resources.

Dr. Stinson said that the council is working on the following initiatives:

- sharing resources such as the lack of pediatric nurse educators in Idaho
- efforts to meet the Institute of Medicine's recommendation of an 80% BSN prepared nursing workforce by 2020, through articulation and other efforts
- increased costs of simulation instruction which the students love
- concern for the average age of nurse educators which will lead to a shortage

Dr. Stinson said there is a nursing faculty shortage in Idaho because nurse educators have a difficult job keeping up on clinical skills, having technical knowledge, efficient teaching techniques and being dedicated to influencing students. Retention is a big issue mainly because the financial reimbursement is low.

Dr. Stinson discussed the PhD nursing program and the proposed Doctor of Nursing Practice (DNP) at Idaho State University and Boise State University.

Dr. Stinson suggested reporting to the governor that Idaho has excellent nursing schools which are doing a good job at collaboration but need more money for competitive salaries, scholarships, and student loan repayments.

Nursing Education, Leadership and Inter-Professional Collaboration – Margaret Henbest

Chair Schmitz introduced Margaret Henbest, Executive Director at Nurse Leaders of Idaho, Idaho Alliance of Leaders in Nursing.

Ms. Henbest reported that high-quality patient-centered health care for all will require a transformation of the health care delivery system. The Idaho Nursing Action Coalition is part of The Campaign for Action.

The Campaign for Action envisions a health care system where all Americans have access to high-quality care, with nurses contributing to the full extent of their capabilities. The campaign is coordinated through the Center to Champion Nursing in America, an initiative of AARP, the AARP Foundation and the Robert Wood Johnson Foundation, and includes 48 state Action Coalitions.

Ms. Henbest said the 2011 Idaho Nursing Action Coalition identified three action teams and their goals:

1. Leadership
 - Influence the ACO/Patient Centered Medical Home design to recognize the role of the nurse as leaders of the care team.
 - Increase nurse participation on boards
 - Develop a mentor program for potential nurse leaders

2. Education

- Develop an education model for nursing which promotes ADN graduates to achieve higher levels of nursing education
- Increase the number of Masters and doctoral prepared nurses in Idaho by 50% by 2020
- Develop a model for nurse residency programs in Idaho
- Establish goals which reflect life-long learning

3. Access to Care

- Improve patient access to health care services provided by APRN's in Idaho through the creation of an actionable plan to overcome cultural and statutory barriers that limit APRN's to practice to the full extent of their education and training.

The Idaho Nursing Action Coalition recommends building an infrastructure for the collection and analysis of inter-professional health care workforce data.

Ms. Henbest reported that the coalition submitted a grant application for the State Implementation Program (SIP) for \$150,000 announced by Robert Wood Johnson Foundation. If received the focus will be on expanding and sustaining nurse residency programs, establishing a leadership course for nurses transitioning to a clinical management/leadership role, developing a curriculum to facilitate role transition from clinician to educator and improving patient access to care by overcoming non-statutory and cultural barriers to APRN practice in Idaho by credentialing, reimbursement and regulations.

Behavioral Health – Alex Reed

Chair Schmitz introduced Alex Reed, Director of Behavioral Health and Mental Health and Research for Family Medicine Residency of Idaho.

Dr. Reed said that in 2010 36.3% of Idahoans report poor mental health compared to 34% of U.S. citizens. In Idaho 54,000 to 84,000 people live with serious mental conditions and shortages of mental health professionals and services.

Most patients with mental health disorders initially present to their primary care physician as the first point of contact. Patients may have a variety of physical complaints, somatic symptoms and sub threshold psychiatric symptoms that vary in intensity and duration. Non psychiatric medical providers prescribe 80% of all psychotropic medications.

The lifestyle of the patient, smoking, stress, alcohol, obesity, nutrition, blood pressure and drug use contributes 51% to their overall general health while the environment, human biology and health care contribute less.

Dr. Reed reported that throughout Idaho there is a shortage of mental health professionals especially in rural areas; however Idaho schools have several training programs. Boise State University offers degrees in social work; Idaho State University has degrees for counseling and counseling PhD's, while Northwest Nazarene University offers courses in counseling. Dr. Reed advocated for incentives for training funding for social workers, counselors, and psychologists.

Dr. Reed discussed the advantages of integrated mental health care compared to the traditional mental health care model. The following reasons for a new model in behavioral mental health care are:

- Nearly 50% of all patients in specialty mental health drop out of therapy without consulting their therapist
- 50-60% non-adherence to psychoactive medication with first 4 weeks
- Only 1 in 4 patients referred to SMH make the first appointment
- Primary care patients would complete treatments that were brief and pragmatic

Dr. Reed suggested that Idaho needs to increase training opportunities for behavioral health in primary care, offer certificate programs and reduce financial/insurance barriers for fellowship training for psychologists in primary care.

State Board of Education update – Mike Rush

Chair Schmitz introduced Mike Rush, Executive Director of the State Board of Education (SBOE) who discussed the 2009 board recommendations and provided an update:

1. Expand the development of graduate medical education (residency programs) opportunities in Idaho by focusing on primary care and rural practice. In partnership with Idaho hospitals, the VA, Idaho doctors, private enterprise and Idaho's colleges and universities, the state should promote and assist the funding of these programs.

Update: SBOE has a budget request for the Family Medicine Residency, WWAMI, TRUST, Veterinarian and Internal Medicine Residency programs

2. Immediately increase the State funding support for Idaho WWAMI students to expand the number of seats from 20 per year to 40 per year (adding 10 per year over the next two years) and encourage the WWAMI program to establish the full four years of medical education opportunity in Idaho.

Update: SBOE has a budget request for 5 new WWAMI positions with funding for a 4 year program.

3. Expand the total number of medical seats for Idaho sponsored students to between 60 to 90 per year (an aggregate total of 240 to 360) as soon as practicable through partnerships with WWAMI, WICHE, University of Utah, osteopathic schools and other medical schools taking into consideration quality, return rate, cost effectiveness, and retention.

Update: SBOE discussed with the University of Utah the possibility for more seats – 5 may be available.

4. The State Board of Education will oversee an initiative to engage all stakeholder groups (ISU, UI, BSU, LCSC, University of Washington, VA Medical Center, the hospitals, and the Idaho Medical Association) to jointly develop a collaborative and comprehensive plan for establishment of a 4-year, Idaho based MD program.

Update: SBOE's primary focus will be on recommendations 1 through 3. There is a need to develop a 5 year plan for medical education.

5. Encourage medical school admission committees to use selection criteria for admission into Idaho sponsored medical seats which maximize potential for practice in primary care and rural areas.

Update: completed

6. Work with sponsored medical programs to insure that Idaho medical students participate in an Idaho rural rotation (clerkship) as part of their program.

Update: completed

7. Expand and enhance the current Idaho Rural Physician Incentive Program (RPIP).

Update: Program has moved to the Department of Health and Welfare.

8. Consider providing a tax incentive for physicians practicing in rural Idaho to help recruit physicians to rural Idaho.

Update: not addressed by SBOE - not within scope of responsibility

9. Increase Medicaid reimbursement rates for primary care physicians.

Update: not addressed by SBOE -- not within scope of responsibility

10. Consider developing a pay-back provision for Idaho sponsored medical school

Update: SBOE recommends recruitment rather than pay-back provision

Discussion followed on nursing education, expansion of the rural residency program, TRUST program, clinical sites, managing educational resources and the Student Loan Repayment Plan.

Further Business

Discussion on future meeting topics including the training of social workers, public health, rural workforce health care systems, and requesting an update from the Area Health Education Council (AHEC). Next year's meetings are scheduled for March/April, July and October.

Adjournment

The meeting adjourned at 2 p.m.

Presenters

Lori Stinson, PhD, RN, CTN-A/Division Chair and Professor/Nursing & Health Sciences/Lewis-Clark State College

Margaret Henbest, M.S., PNP, Executive Director at Nurse Leaders of Idaho, Idaho Alliance of Leaders in Nursing

Alex Reed, PsyD, MPH, Director of Behavioral Health, Mental Health and Research at Family Medicine Residency of Idaho

Matt Freeman, Deputy Director/Chief Fiscal Officer, Office of the State Board of Education

Mike Rush, Executive Director, Office of the State Board of Education

Guests

Dianna Clough, Project Coordinator, Idaho Department of Labor

Cheryl Foster, Senior Research Analyst, Idaho Department of Labor

Pat Nelson, Administrative Assistant, Idaho Department of Labor